

| TIME          | MONDAY, 9 <sup>TH</sup>  | TUESDAY, 10 <sup>TH</sup>  | WEDNESDAY, 11 <sup>TH</sup>  | THURSDAY, 12 <sup>TH</sup>   | FRIDAY, 13 <sup>TH</sup>                                     |
|---------------|--|--|--|--|--|
| 09,15 – 10,00 | Welcome and introduction speeches  | Study time   |  |  |  |
| 10,00 – 10,45 | VišnjaĐorđić(UNS):<br><b>INTEGRATING HEALTH-RELATED PHYSICAL FITNESS EDUCATION INTO THE CURRICULUM DEVELOPMENT (UNIVERSITY POLICY)</b> | TatjanaTubić (UNS):<br><b>PSYCHOLOGICAL BASICS OF PHYSICAL ACTIVITY AND HEALTH</b> | Marina Đelić (UBG):<br><b>PHYSIOLOGY OF NEUROMUSCULAR DISORDERS</b>                            | SergejOstojić (UNS)<br><b>ADAPTATION TO AEROBIC AND ANAEROBIC TRAINING</b>                                 | Daniela Caporossi (Foro Italico):<br><b>BIOLOGY OF AGING</b> |
| 11,00 – 12,15 |  |  |  |  |  |
| 12,15 – 14,00 | Free   |  |  |  |  |
| 14,00 – 14,45 | NebojšaČokorilo (UNS):<br><b>BASICS OF PHYSICAL ACTIVITY AND HEALTH</b>  | Uni. Elbasan:<br><b>PHYSICAL ACTIVITY PROMOTION</b>                                | Marko Stojanović(UNS):<br><b>MUSCLE STRENGTH, POWER AND ADAPTATIONS TO RESISTANCE TRAINING</b> | Goran Vasić (UNS):<br><b>GROWTH AND MATURATION IN CHILDREN AND YOUTH INCLUDING MOTOR SKILL DEVELOPMENT</b> | Daniela Caporossi (Foro Italico):<br><b>BIOLOGY OF AGING</b> |
| 15,00 – 16,15 |  |  |  |  |  |

| TIME          | MONDAY, 16 <sup>TH</sup>   | TUESDAY, 17 <sup>TH</sup>   | WEDNESDAY, 18 <sup>TH</sup>   | THURSDAY, 19 <sup>TH</sup>  | FRIDAY, 20 <sup>TH</sup>   |
|---------------|--|---|---|---|--|
| 10,00 – 10,45 | Boris Popović (UNS):<br><b>PHYSICAL AND HEALTH RELATED FITNESS ASSESSMENTS INCLUDING PHYSICAL ACTIVITY</b> | Dragan Radovanović (UNI):<br><b>NUTRITION AND SPECIAL POPULATIONS</b> | Ivana Milovanović (UNS):<br><b>SOCIAL AND PSYCHOLOGICAL DEVELOPMENT IN CHILDREN AND YOUTH AND ITS INFLUENCE ON PHYSICAL ACTIVITY PATTERNS</b> | Uni. Tirana<br><b>HEALTH BEHAVIORS AND HEALTH PROMOTION IN ELDERLY - AGING AND WELLNESS</b> | Harald Tschan (Uni. Vienna):<br><b>PHYSICAL ACTIVITY PATTERNS AND PUBLIC HEALTH RECOMMENDATIONS FOR GENERAL POPULATION</b> |
| 11,00 – 12,15 |  |   |   |   |  |
| 12,15 – 14,00 | Free   |   |   |   |  |
| 14,00 – 14,45 | Sergej Ostojić (UNS):<br><b>NUTRITION FOR PHYSICAL ACTIVITY AND HEALTH</b>                                 | JelenaObradović (UNS):<br><b>TRAINABILITY IN CHILDREN AND YOUTH</b>   | Uni. Priština<br><b>BARRIERS TO POSITIVE HEALTH BEHAVIOR &amp; PSYCHOLOGICAL MOTIVATION THEORIES</b>  | PatrikDrid (UNS):<br><b>BASIC PRINCIPLES FOR EXERCISE PRESCRIPTION</b>                      | Barbara Wessner (Uni. Vienna):<br><b>NUTRITION IN DISEASES</b>   |
| 15,00 – 16,15 |  |   |   |   |  |

| TIME          | MONDAY, 23 <sup>TH</sup>   | TUESDAY, 24 <sup>TH</sup>   | WEDNESDAY, 25 <sup>TH</sup>   | THURSDAY, 26 <sup>TH</sup>   | FRIDAY, 27 <sup>TH</sup>  |
|---------------|--|---|---|--|---|
| 10,00 – 10,45 | Sanja Mazić(UBG):<br><b>PROGRAM DESCRIPTION FOR PEOPLE WITH CARDIOVASCULAR AND PULMONARY DISEASES</b>    | KarstenFroberg (Uni. Odense):<br><b>MOTOR SKILLS’ DEVELOPMENT IN CHILDREN</b> | Francesco Felici(Foro Italico):<br><b>NEURO-MUSCULAR ADAPTATION TO TRAINING IN ATHLETES AND SPECIAL POPULATIONS</b> | JelenaObradović (UNS):<br><b>TRAINING PRESCRIPTION FOR CHILDREN AND YOUTH</b>                    | Paolo Caserotti (SDU):<br><b>MOTOR COORDINATION, MOTOR CONTROL AND SKILL IN ELDERLY – FALL PREVENTION</b> |
| 11,00 – 11,30 |  |   |   |  |   |
| 11,45 – 12,30 | SergejOstojić (UNS):<br><b>PROGRAM DESCRIPTION FOR PEOPLE WITH METABOLIC AND NEUROMUSCULAR DISORDERS</b> | KarstenFroberg (Uni. Odense):<br><b>MOTOR SKILLS’ DEVELOPMENT IN CHILDREN</b> | Francesco Felici(Foro Italico):<br><b>NEURO-MUSCULAR ADAPTATION TO TRAINING IN ATHLETES AND SPECIAL POPULATIONS</b> | Dejan Madić (UNS):<br><b>TALENT IDENTIFICATION AND DEVELOPMENT – WELLBEING OF YOUTH ATHLETES</b> | Paolo Caserotti (SDU):<br><b>MOTOR COORDINATION, MOTOR CONTROL AND SKILL IN ELDERLY – FALL PREVENTION</b> |
| 12,45 – 13,15 |  |   |   |  |   |
| 13,15 – 14,30 | Free   |   |   |  |   |
| 15,00 – 15,45 | Marko Stojanović(UNS):<br><b>EXERCISE FOR ELDERLY POPULATION</b>   | Study time  | Study time  | Borislav Obradović (UNS):<br><b>INJURIES PREVENTION</b>  | Study time  |
| 15,45 – 16,15 |  |   |   |  |   |